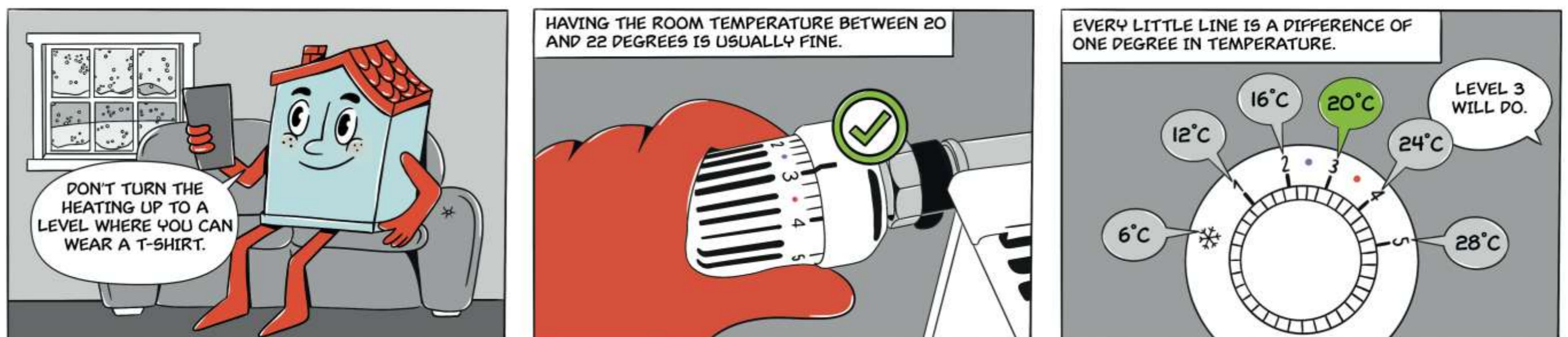


# The top 7 tips for saving energy

Energy is becoming increasingly expensive – that’s why it makes more sense than ever to save it. Here are a few valuable tips that will help you save lots of money. And don’t worry – we won’t be asking you to freeze!

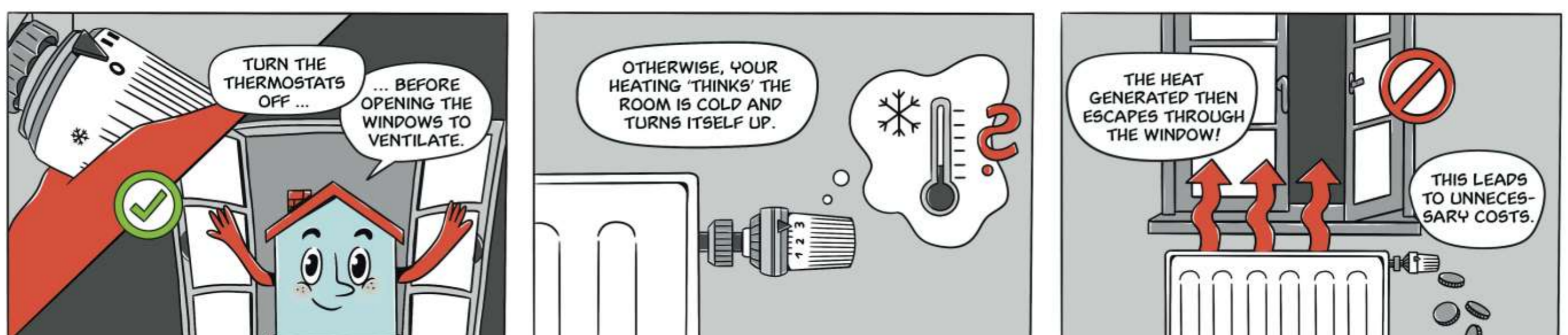
## 1. 20 to 22 degrees is enough



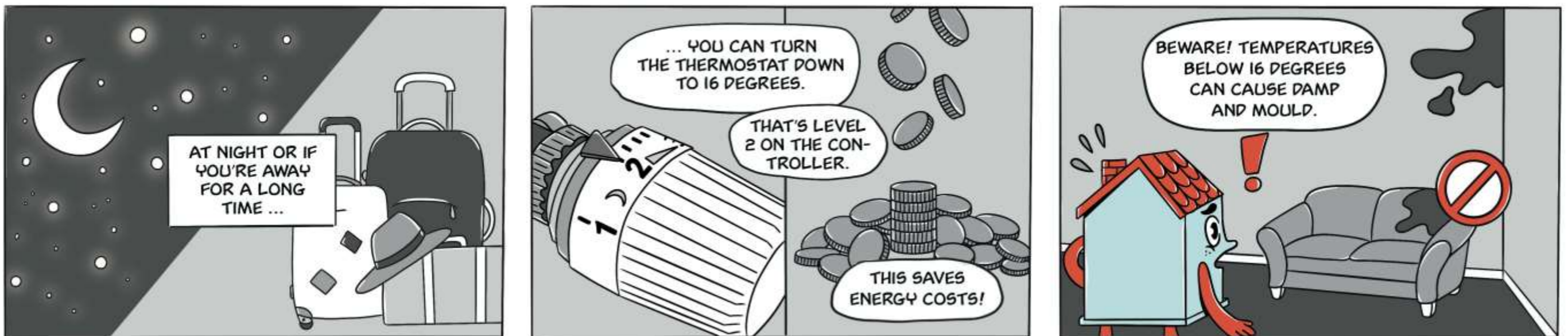
## 2. Regularly open the windows properly instead of tilting them



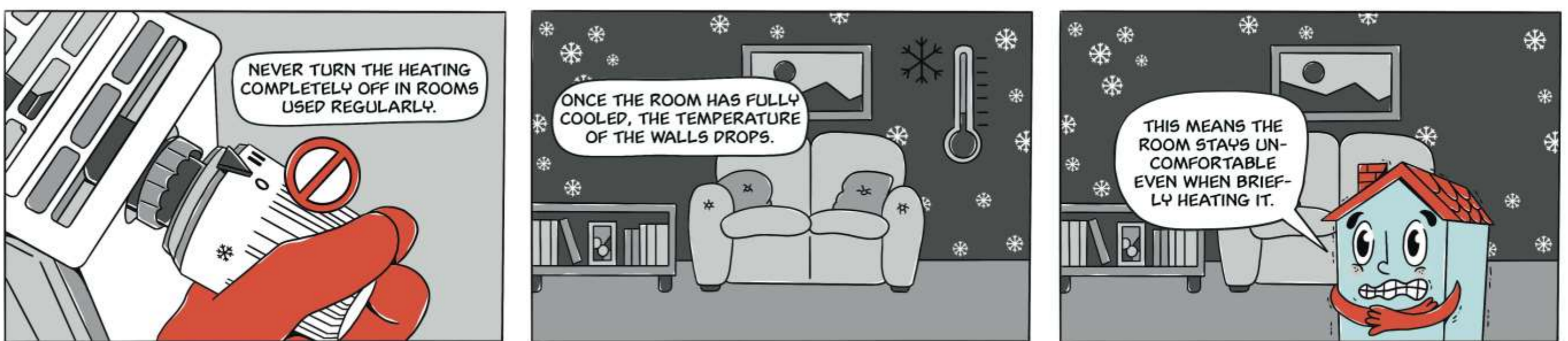
## 3. Turn the heating off before ventilating



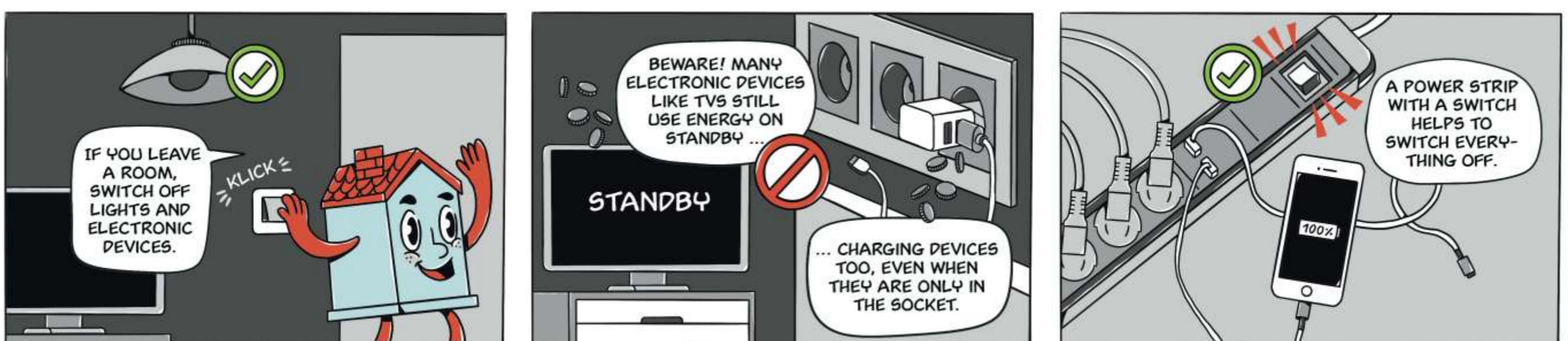
#### 4. Turn the heating down at the right moment



#### 5. Never set radiators permanently to 0



#### 6. Switch off lights and devices



#### 7. Know which appliances use a lot of energy

